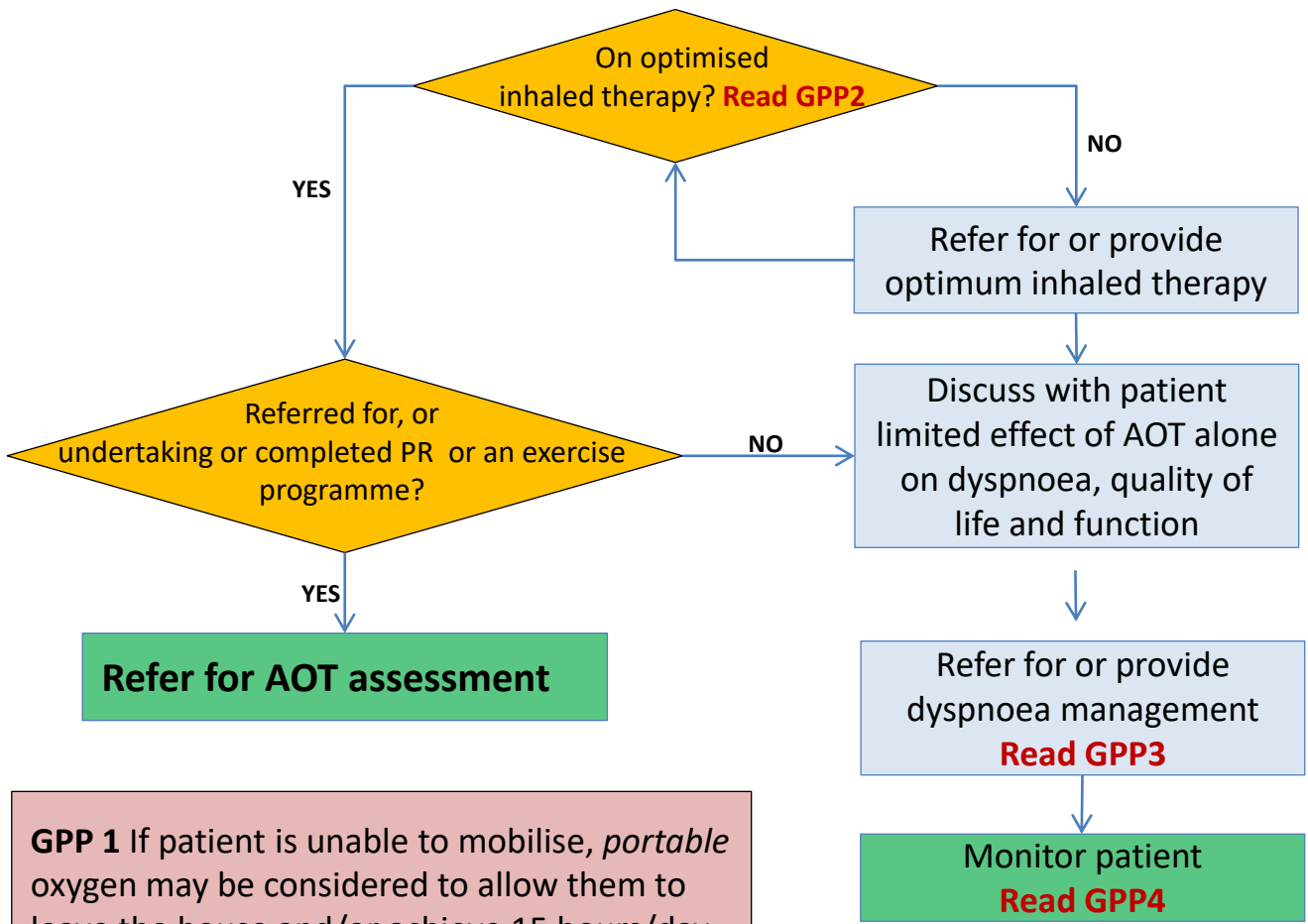


Referral for Ambulatory Oxygen Therapy (AOT) Assessment

- Consider referral if patient:**
1. Has detected or suspected desaturation on activity OR
 2. Uses LTOT, and is mobile and leaves the house **Read GPP1**
 3. Non-smoker or smoking cessation has been offered



GPP 1 If patient is unable to mobilise, *portable* oxygen may be considered to allow them to leave the house and/or achieve 15 hours/day; a formal assessment is not required

GPP 2: Not necessarily triple therapy, but the appropriate therapy for the disease stage

GPP3. Opiates, a fan, breathing techniques, pacing, energy conservation, stress & anxiety management

GPP 4. with advice to monitor SpO2 every 6/12 and refer back to HOS-AR if meets criteria in future

Abbreviations:

Ax=Assessment
 PR=Pulmonary Rehabilitation
 GPP=Good Practice Point
 FR = Flow rate
 HOS-AR=Home Oxygen Service Assessment & Review